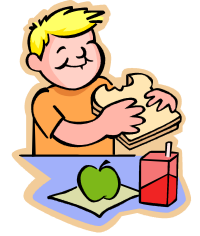




Weekly Menu*



Meals	Monday	Tuesday	Wednesday	Thursday	Friday
AM Break: Fruit or Juice Bread or Cereal Milk/Fluid	Biscuit w/ Jelly Pears Milk	Grits Diced Peaches Milk	Cinnamon Wheat Toast Pineapple Tidbits Milk	Cereal Applesauce Milk	French Toast Sticks w/Syrup Banana Milk
Mid-AM Supplement: Fruit or Juice Bread or Cereal Milk/Fluid	Vanilla Wafers 100% Juice	Unfrosted Pop-Tarts 100% Juice	Nutri-Grain Bars 100% Juice	Yeast Roll 100% Juice	Cheez-it Crackers 100% Juice
Noon Meal: Meat or alternate Vegetable, Fruit or Juice Bread or Cereal Milk/Fluid	Soft Taco w/ Chicken and Cheese Tossed Salad Pineapple Tidbit Milk	Hamburger Patty w/Bun Cheese Slice Tator Tots Mand. Oranges Milk	Macaroni & Cheese w/ Diced Ham Broccoli Mixed Fruit Milk	Salisbury Steak Creamed Potato Green Beans Sliced Bread Milk	Chicken Rings Corn Applesauce Roll Milk
PM Supplement: Fruit or Juice Bread or Cereal Milk/Fluid	Blueberry Muffin Spiced Apples Water	Crackers Cheese Water	Vanilla Wafers Banana Water	Graham Cracker Diced Peaches Water	Yogurt Strawberries Water

* Please note: This menu is presented as an example of the nutritious snacks and meals we serve at A Child's World Learning Center. Appropriate substitutions and adjustments are made for infants and for children with dietary restrictions. For more information regarding "Meal Time," please refer to page 11 of the ACWLC Family Handbook.